

5 GLENCONON CONTINENTAL BREAKFAST MENU

Crunchy nut corn flakes. Coco pops. Nut Muesli. Fruit and fibre

Fresh Cut fruit. Fruit yogurt. Natural yoghurt

Selection of cold deli meats. &. Cheeses

Selection of pastries when available

Brown or white toast

Jams, Marmalade, Nutella, Vegemite, marmite, honey, peanut butter

Butter

Milk

Drinks:

Fresh orange juice Cranberry juice. Apple juice.

Water

Fresh coffee. Decaf coffee.

Breakfast tea. Mint tea. Green tea. Earl Grey tea. Fruit tea

Hot chocolate