

5 GLENCONON BREAKFAST MENU

Name & Room Number -----

Time (0730 – 0900) -----

Please leave on top of the bookcase in the hall by 9pm. Thank you

Porridge Crunchy Nut Cornflakes Corn Flakes Coco Pops Fruit & Fibre
Nut Muesli Fresh Cut Fruit Fruit Yoghurt Natural Yoghurt

Selection of cold meats & cheeses

Mini Oatcakes

Scrambled Eggs

with Bacon

with Pork Sausage

with Veggie Sausage

Bacon Roll

Pork Sausage in a Roll

Veggie Sausage in a Roll

Brown or White Toast

Drinks:

Fresh Orange

Fresh Coffee

Breakfast Tea

Earl Grey

Milk

Cranberry Juice

Decaff Coffee

Decaff Tea

Mint Tea

Water

Apple Juice

Fruit Tea

Green Tea

Hot Chocolate

Please note if you do not pre order cooked breakfasts the night before then there could be a waiting time of approximately 25 minutes